Nestlé Vietnam Ltd.

Lầu 5, Empress Tower 138 – 142 Hai Bà Trưng, Phường Đa Kao, Quận 1 Tp. Hồ Chí Minh, Việt Nam

Phone: (8428) 39113737

Fax: (8428) 38238632

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Good Food, Good Life

News release

NESTLÉ VIETNAM LAUNCHES NEW NAN SUPREME 3 – THE FIRST¹ FORMULA MILK WITH 2 HMOs (2'-FL & LNnT), ENHANCING CHILDREN'S IMMUNITY HEALTH

Ho Chi Minh City, 06th May 2020 – Nestlé Vietnam officially launches new NAN SUPREME 3 with advanced Swiss formulation including 2 HMOs of 2'FL & LNnT. Those types of HMOs accounts for nearly 40% of the total number of which are recognized HMOs in breast milk. The addition of two types of HMOs - 2'FL and LNnT is one of the breakthrough improvements in the pediatric nutrition industry, helping to enhance children's immune system. Two types of HMOs 2'-FL & LNnT have also been certified for safety when they are added to infant formula products by the European Food Safety Authority (EFSA) and the U.S. Food and Drug Administration (FDA). Now, NAN SUPREME 3 is the first formula milk product in Vietnam which has two types of HMOs.

According to the World Health Organization's (WHO's) recommendation, babies should be breastfed exclusively during the first six months old; after that, moms should introduce nutritionally-adequate and safe supplementary (solid) food and continue breastfeeding up to at least 2 years of age. Studies have shown that breast milk has an important effect on the formation and development of children's immature immunity system. HMO is the third largest ingredient in breast milk. The essence of HMO is the Oligosaccharides containing lactose cores with unique structures, found only in breast milk. HMO has been scientifically proven to improve children's immunity in the first years of life. Among them, the most prominent is the duo HMOs - 2'FL and LNnT.

The duo HMOs - 2'-FL and LNnT - one of solutions to enhance children's resistance

According to a 2017 study of Giuseppe Puccio and colleagues about the effects of HMO on protecting children, the addition of two types of HMOs - 2'-FL and LNNT can help:

- reduce 55% the risk of respiratory infections,
- reduce 70% risk of bronchitis,
- reduce 53% risk of using antibiotics,
- reduce 56% risk of using antipyretics.

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¹ In Nestlé NAN product lines.

Prof. José Manuel Moreno Villares - Chief of the Pediatrics Department. Clínica Universidad de Navarra. Spain shared: "HMO has special functions to enhance the natural immunity through promoting superior development of beneficial bacteria, neutralizing pathogens adhering to the weak intestinal mucosa and building children's immunity. Two types of HMOs 2'FL and LNnT is one of the breakthrough improvements in the pediatric nutrition industry".

Nestlé Research Center (NRC) has conducted rigorous clinical trials to ensure the safety and effectiveness of these HMOs before adding them in nutritional products for children. The results showed that the HMOs of 2'-FL and LNnT formulated infant nutrition products were safe and effective, well-tolerated, helping children grow suitably for their age.

The European Food Safety Authority (EFSA) and the US Food and Drug Administration (FDA) have certified that HMOs tested in Nestlé's clinical research - 2'-FL and LNnT are safe in adding them to infant nutrition products, including infant formulas, follow-up formulas and infant formulas.

Nestlé is a pioneer in the research and development of HMO nutritional supplements for children

A groundbreaking study on the addition of HMOs to infant nutrition products was announced by the NRC in 2017. In 2019, Nestlé continues to be the pioneer in adding 2'-FL HMO to NAN SUPREME 3. Following those research and development steps, in 2020, NRC took the lead in adding 2 HMOs of 2-FL and LNnT to NAN SUPREME 3.

Currently, NAN SUPREME 3 is the first² product in Vietnam to be supplemented with 2 HMOs of 2'FL and LNnT. At the same time, NAN SUPREME 3 also provides partially hydrolyzed whey protein that can reduce the risk of allergies (milk indigo) and Optipro quality protein to help children digest and absorb nutrients. Bifidus BL bacteria in the nutritional component helps children enhance natural and safe resistance. Besides, DHA & ARA ingredients are two special fatty acids that support children's brain and vision development.

Sharing about Nestlé's achievements in the research and application of HMOs in infant nutrition products, Ms. Tanti Ermawati, Business Executive Officer of Nestlé Vietnam Infant Nutrition, said: "As the world's leading Nutritional Corporation from Swiss with more than 150 years of experience, Nestlé is persistent in the pursuit of the perfection in science nutrition by offering the best nutritional solutions to nourish a great start, for life. The successful research and the official introduction of the supplement formula of 2 HMOs including 2'-FL and LNnT in NAN SUPREME 3 product is a breakthrough step, confirming our continuous efforts in improving the quality of life and contributing to a healthier future for Vietnamese children."

With NAN Supreme 3, Moms can nourish every possible of their child

Moms know all the things they do today for their child will impact their future development. That's why moms look for the best because they are afraid of restricting kids' possibilities as they grow. Understanding that, Nestlé has pushed the

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² In Nestlé NAN product lines.

frontiers to bring the latest state-of-the-art science with new NAN Supreme 3 to support kids' immunity health, helping them develop at their best that contribute to build the strong foundations kids need to grasp the possibilities of tomorrow.

Tu Vi, one of the famous mothers with healthy parenting methods, is eager of new NAN SUPREME 3: "Until now, I always trust Nestlé's products, especially NAN SUPREME 3. I believe that the improvement in the formula when adding 2 HMOs of 2'-FL & LNnT will help Vietnamese mothers have a trusted choice to strengthen kids' immunity & nourish every possible of them."

NAN Supreme 3 now is distributed nationwide in leading Hyper/Super and Mom & Baby chains, big milk shops & Ecommerce. Moms can get more product information at Nestle Mom&Me https://www.nestlemomandme.vn/vi/nan-supreme-3.

For more information:

Ms. Trần Thanh Vân

Nestlé Việt Nam

Phone: (848) 39113737

Email: tranthanh.van@vn.nestle.com

Mr. Lê Trường Sơn

Zeno Group Việt Nam

Phone: (84) 912426156

Email: son.le@zenogroup.com